HOPE

HEALTH OPULENCE PEACE ENLIGHTENMENT

Volume 3 April-May, 1957 No. 1

HOPE

Wouldst ye be free
From all the ills
That hath beset mankind
Since Pandora first is said
To have opt the box
And loosed upon the world
Its many troubles—
Its vast vexations?

Why lay it to the gods—
These mortal woes
Which we have brought
Upon ourselves
By our own acts?

Why sit supinely by
And blame on Fate
Our own creations?
Why not arise! arise!
Take hold and bind
Behind us past mistakes
And carve out beautifully
But boldly, a new life!
And build upon those fundamental Truths
Of righteousness in all departments!
Till ill itself completely atrophies
O'ercome by good—
Predominant, uncompromising, unshakable
Unto Infinity.

For there is Hope. It blazes forth
Anew, fresh, kindled from
The Flame of God's own heart
It stirs within the human breast
And ever spurs us on
To High Achievement!

Yea, e'en to that Perfection
For which we were intended—
Gods in our own right.

Created in His Image
And His Likeness
How can we be
Such lesser selves?

'Tis Hope! 'Tis Hope
That prods us on
To burst asunder
Those bonds of limitation
By which we are held bound.

(Continued on page 2)

Also in this issue:

Nearer My God to Thee! **The Archangel Gabriel!**
Life Everlasting! **Peace!**

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(HOPE—*Continued from page* 1)

Freed!
Risen!
To our own God Estate
We shall then make
Of our Sweet Earth
A Paradise,
Fit for Immortal Beings
To inhabit!

And being now Creators
Fashion
Out of Substance
Other Worlds
Upon which future lifestreams
Taking up abode
Shall wrest from Space
Yet greater Destiny.

M.F.S.

THE PURPOSE OF HOPE

We can consider mankind's evolution like unto the ascent of a ladder. As each rung is attained, a wider vista and a more developed understanding naturally ensues. All over the world, good men and women are helping—each according to his or her own consciousness, understanding and talents—to bring to the attention of mankind ways and means by which they may individually and collectively ascend, step by step, rung by rung, to the top of the ladder which is at the Throne of the Father.

Our little journal "HOPE" is one such means of presenting new and unusual aspects of the Divine Law, as well as practical steps by which the student may ascend that ladder into ever greater and greater light. There is no need for any individual to disconnect himself from any affiliation of a spiritual or secular nature because he reads the contents of this magazine.

FEAR—SUPERSTITION—INCREDULITY—DOUBT—BIGOTRY—*all* the enemies of the advancing soul should be laid aside. With an open mind the reader will find some aspect of the Divine Law particularly appealing to his own individual, family or business requirements.

Deep esoteric teachings are for the "few". Gentle metaphysical instruction is for the "many". It is to the "many" who do hunger and thirst after righteousness that the magazine Hope is dedicated. It is a bridge, in its way, between the esoteric teachings known to those on the higher rungs of the ladder of evolution and the orthodox beliefs with which so many of the people have been indoctrinated.

Thus to you, gentle reader, do we offer the pages of "HOPE". Read them; ponder upon the truths therein set

forth; accept what your own "inner light" tells you is possible and gently lay the other material away in the corner of your mind . . . for one day that greater truth will be comprehensible and usuable in your worlds. "HOPE" is a way and means by which *you* can spread the wisdom of the Heavenly Father to others. Accept it! Use Its practical instruction! Then—in turn—pass it on to others, sewing seeds in other souls seeking their way back Home. . . . Latham Bey, Editor.

'TIS SPRING!

Once again 'tis Spring! And once again Nature has drawn aside the curtain to present the drama of the season—the resuscitation of life in all its splendor.

Once again the air's alive with strange sweet harmonies of joy, enthusiasm, freedom—expressed by nature's creatures each according to its own manner:—the tiny tree frog's waking call; the spring note of the robin—bluebird; the peaceful song of the woodthrush echoing the message of the forest; the "peent" of the nighthawk; the hum of honey bees about their hives; the feel of the heart-throb in every blade of growing grass!

What mysterious challenge stirs the thin and seeming lifeless woodchuck from his place of hibernation—coaxes the yellow swallow-tail, full-grown, from its prison walls, the chrysalis—motivates the bobolink to wing a 5000 mile flight over land and sea to a specific spot to build a nest—or, fur-seals to congregate from all parts of the Pacific to certain islands to raise their young?

What causes a tree or bush which appeared dead all winter to become, as Spring returns, a cloud of pink or yellow or white blossoms, with tiny green leaves unfolding from other buds; or the daffodil, crocus, and early forsythia to burst their bonds and become magnificent, fragrant and flowerful manifestations of the Glory of God?

'Tis the Spirit of Spring—the Life-force—concentrated energy—qualified with the virtue of resuscitation—pulsating through the responsive earth which periodically activates the dormant life of the Nature Kingdom each springtime of the year. It is because the Nature Kingdom opens itself eagerly, willingly, and obediently to the infusion of this Spirit, that

it manifests the so-called "miracle" of the Resurrection at this season.

'Tis again Spring! Again mankind is witness to these natural activities of eternal life and the multiplication of the gifts of good through the Nature Kingdom!

That propensity within life to increase and enable one seed to become many, one bulb to become a productive cluster of blooms, is also present in man—God's greatest creation upon the Earth. Yet he passes through each Spring season with so little of the New Life expressed through nature in this world of form.

As the seed holds within itself the pattern of the full flower, so does the Sacred Heart of man hold within itself the pattern of his Divinity. But it is so deeply buried in the accumulation of the Ages that it requires God—assistance to direct the outer consciousness to Its Presence, Its Power, Its Activity.

It is an unnatural and unwholesome situation in which the mankind of Earth finds its consciousness imprisoned within the encasement of its own miscreations, spun by the threads of misused energy—a cocoon of disease, disintegration, poverty, turmoil in thought, feeling and association, and ignorant as to how to extricate himself—or of even knowing that there is a way out.

Even the butterfly does not accept the confines of the chrysalis beyond a certain period. It instinctively tunes into the Life Force, so active in the Spring, bursts its sheath and comes forth in all its natural beauty.

Now mankind was created in the Image and Likeness of God with Potential far beyond that of the Nature Kingdom, yet he responds the least to the Spirit of the Resurrection forcefully active and outpictured so abundantly by the Nature Kingdom each Spring.

We must be made aware and place our attention on the fact that mankind has within his own beating heart the Potential Power of all the qualities of Divinity—healing, illumination, resurrection, precipitation, faith, and peace. Moreover these God Virtues exist in the Universal Heart of God and can be invoked to stimulate the dormant embers in the heart of man. Also Others there are Who have drawn these qualities into Themselves, and amplified them, and radiated them out

to bless all mankind. They exist in Heaven's Realm, but are as close to us as our own heartbeat.

He, Who demonstrated the efficacy of the Resurrection Power; Who proved that mankind could be restored to his "natural estate", which is Immortal Life; Who proved with His Own Life that mankind could rise above disease, disintegration, decay, and death, was the Master, Jesus.

He chose the Springtime when the Restorative God Power is most active, to prove that mankind, too, can tune in to this stock-pile of Resuscitative Energy, draw it into his being, and let it lift him above his limitations.

This Restorative Energy; this Spiritual God Power is for ALL MEN, and will surge in great restoring, revivifying, sweeping action of Life Eternal, whenever and wherever called into action.

This is our HOPE.

We speak of being "fired" with the Spirit of freedom, courage, faith, enthusiasm; let us be "fired" this Spring with the Spirit of the Resurrection. First let us realize that this Restorative Potential is within each human heart. Next let us humbly accept that there is a momentum of the Resurrection Energy upon which we can draw to kindle, develop, and expand our own dormant embers to a point where it literally "catches up" the energies of thought, feeling, memory, and physical decadence and restores all vehicles of expression to their "natural estate", as "conductors" of God's Light.

When man accepts the fact that he has created every appearance in his world by consciously or unconsciously feeding his life into a form of limitation, he has come to a place where he may move forward rapidly in setting his world into Divine order. This same life which animates his limitations, WILL FLOW into forms of opulence, beauty, harmony, and perfection, the moment he shuts off the old pattern of imperfection and consciously designs in mind and feelings, a pattern similar to that which is externalized in Heaven's Realm of Light.

When man has been told to "lift his eyes to the hills," the truth within that simple aphorism is merely that man, raising his thoughts and feelings toward his Maker, ties his life into the Source of all good. Then that life begins to amplify,

augment, magnify, and multiply the gifts, powers, activities and radiation of that Source.

On the Cosmic Tide of this Springtime, when the Nature kingdom is resuscitated by tuning into the Resurrection Flame, may each one utilize the magnetic power within his own heart flame to draw as much of the Resurrection Flame as he requires to set his world in order, to restore his body and mind to perfect health, and to re-vivify his perfect Divine Memory of his natural God Estate.

Every man has his own Easter, when the soul awakening from its long sleep—stretches its arms out toward its God and invokes the life-giving currents of the Resurrection to revitalize the Divine Pattern that has lain dormant through the centuries. As surely as the fruit tree shares the miracle of a New Birth each Spring, so surely does every soul invoking the Resurrection Flame share in the Garden of the Spiritually Elect, the God-Free Spirits Who are externalizing the Will of God through flesh—and through Spirit. You shall know that EASTER when the longing of the soul for Light is greater than the clamor of the personal self for survival—and that EASTER shall be for you an ETERNAL SPRINGTIME.

THE ARCHANGEL GABRIEL

The presence and reality of the Angelic Host are confirmed many times in the Holy Bible when individuals, desiring God assistance and direction, were in sore need of confirmation of their faith.

One such Being, known as the Archangel Gabriel, is more or less known to mankind as "The Great Announcer" and is accredited with the power, in God's good time, to literally raise the faithful into eternal life in the Heavenly Realms.

There are Seven Great Archangels Who are the Servants of God and Their Leader and Director is the well-known and loved Archangel Michael, called the "Defender of the Faith". He is the Protector of the spiritual light of men and, generally, the Being Who serves God in freeing imprisoned life from distress. The service of Lord Michael to mankind will be the subject of an article in a subsequent issue of Hope. Suffice it to say that He is the Superior of *all* the Archangels and the Director of Their services to mankind.

The activities and service of the Archangel Gabriel are somewhat known to spiritual scholars. He visited Mary (the Mother of Jesus) and announced that She would bring forth the Child, Jesus. He made other announcements to those spiritually attuned to His Presence through the ages and thus gained the name of "The Great Announcer". Many times, throughout the ages, Archangel Gabriel has attempted to reach the outer consciousness of mankind but, due to their unbelief and skepticism, His Presence and His announcement either went unheeded or was not heard at all.

Archangel Gabriel serves on the Fourth Ray, which is particularly concerned with bridging the gap between the outer mind and man's inherent Divinity. Thus Gabriel is *naturally* the One Who brings "specific tidings of great joy". Not to all can He say as He said to beloved Mary, "Hail Mary, full of grace, the Lord is with Thee!" Some to whom He comes are so busy in their outer pursuit of happiness that they are not full of grace nor willing to accept Him as a Divine Reality. One of the great religions has preserved a few of His words spoken to beloved Mary and incorporated them into a beautiful prayer which forms a part of their ritual. However, through ages of time, Gabriel has spoken often. It is to be regretted that His other Words have not been so preserved.

What is this Fourth Ray of which we speak? It is the point of contact with the outer consciousness of unascended beings and their God. It matters not what religious formula any individual uses. Somewhere along life's path, he turns again to seek reunion with God and there are many God-beings (Servants of the Most High) Who offer to direct Their assistance through the atmosphere of Earth at his call to help him in such an endeavor. Beloved Gabriel is One of Those. Many good men and women do not want a "Mediator" between themselves and God. To these, the Servants of the Lord, in mercy, do not intrude Themselves in any way that might be distressing to them but continue Their invisible but so tangible service on their behalf at God's bidding. Beloved Gabriel is One of such "Selfless Ones" willing to serve "unknown, unhonored and unsung" if need be. The *service, not the acclamation of the Mediator,* is all important with God's beautiful Messengers and Servants.

Of course when the particular service and the name of the

Mediator is consciously accepted by the outer consciousness much more can be done in the awakening of man to his Divinity!

How did there arise the concept that at the blowing of Gabriel's Horn, the dead should arise and be redeemed and restored to their Heavenly Estate? We are told in the Bible that "man was created in the Image and Likeness of his Father-God. Looking about us, we can readily see that mankind have "fallen" from the perfection of this Divine Image. The Archangel Gabriel HOLDS that original concept of perfection for all mankind in His Loving Heart. When man desires to "arise and go to the Father", the Archangel Gabriel begins to actually radiate that image and likeness into the minds and souls of the seekers until they know (in their feelings particularly) *that* which they once were and which, through the grace of God, they may become again! Thus it is the soul (as well as the flesh of man) which is quickened, purified and raised to outpicture the Divinity which man has lost in his endless wanderings upon the planet Earth. This is the redemption and the resurrection of the soul-self to its God Estate and the true manifestation of the immortality of man. The Divine Image of every man remains in God's Heart and is also a living breathing Individualization which dwells for the most part in the Fourth Realm. Thus it is easy for beloved Gabriel to study and comprehend what *each* man is destined to become! This is no more complex than the realization that there is a Divine Plan (image) for every type of tree, shrub and flower, which the nature kingdom obediently outpictures as the giant oak or the delicate fern. Man, however, having free-will, has not always chosen to externalize his Divine Plan and the unhappiness and confusion of soul arise from this inner conflict between Divine promptings and the selfish interests of the outer self.

The name of any God-being written or spoken—invariably draws the attention of that One. Thus, as we learn the Names of the Archangels, do we come into clear spiritual rapport with Them and They can serve us to greater advantage than when They are relegated to the host of nameless Ones, for instance, "Hark, the Herald Angels sing!" Who are these Herald Angels? One is the beloved Gabriel to Whom we humbly dedicate this article in the sincere HOPE that some

among the gentle readers may accept Him and invite Him to help them.

Do you want to know the glorious Image in which you were originally created? Do you desire to have your soul quickened so that—like a clear glass mirror—the Image of your Divinity may be imprinted upon your soul and outer mind and that of those you love? Speak the name of Gabriel. . . . Invite Him into your home and heart and feel His Presence there.

All of the Seven Archangels serve with the feminine counterpart of Themselves. These Divine Complements are known as "Archaii". The glorious Angelic Being Who so serves with beloved Gabriel is known by the name of "HOPE". Her service is to perform exactly what Her name implies—engender HOPE within the human heart for better things to come. Her radiation is buoyant, uplifting, joyous and inspirational. As the radiation of heat from your radiators makes your living quarters comfortable, so does the radiation of any intelligence, Divine or human, affect your atmosphere (thoughts, feelings, spoken words and actions). This is not mystic but scientific fact. Proximity to the heat from a radiator makes one warm. Proximity to the Presence of One of God's Messengers raises the entire consciousness and world of the one inviting such a Presence with Its attendant gifts and virtues.

Thus the Archangel Gabriel and beloved Hope live to serve you; for in serving you They serve the God Who made Them and entrusted Them with this particular type of ministration. It is Their extreme joy to return to the Father a redeemed and purified soul. Common sense tells us that each man's "judgment day" is different and that the horn of Gabriel sounds in triumph when such a man, cognizing his Divinity, rises in dignity to his Divine Estate.

Learn to accept the friendship of the Archangels. Invite Them to help you! Prove to yourself what such an association will do for you and your loved ones. Those who *do not know* of these Beings and Their willingness to assist them are held more or less guiltless before the Laws of God but those who *do know* and ignore such opportunity are not held unaccountable.

For your dear selves and your families, experiment with the following suggested prayer:

Beloved Heavenly Father and Thy Divine Messengers, particularly the Archangel Gabriel and beloved Hope! COME into our hearts and minds. Be Guests in our homes. Teach us what God intended that we should be! Stir the feelings of hope of redemption of our errors into a harvest of glory. Sustain us in the dark hours of unbelief. Part the waters of confusion until our mind's eye can see the Divine Pattern of our lives. Strengthen us then to endeavor, *practically,* to manifest that Divine Pattern in grace, humility and with constancy of endeavor. Protect us from spiritual pride in association with the Angelic Host and help us as Mother Mary did, to keep within our hearts all things which have been revealed to us. Let our radiation and our works (not our words and acclamations) be a manifest proof of the possibility of man's walking and talking with the Angelic Host. Protect us from the foolishness of the outer mind which tends to confuse our promptings from Thee and Thy Messengers with the promptings of our senses which desire expression. Beloved Lord Gabriel! Come! Beloved Lady Hope! Come! Our hearts and homes are Yours. Accept them, humble though they be, in the spirit in which we offer them—not to be exalted among men but to become co-workers with Thee in the Father's Kingdom!

PEACE

"Peace I leave with you, My peace I give unto you; not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid," said Jesus to His disciples, preparing them to meet experiences immediately ahead.

Now peace is not lethargy; it is not a negative quality; nor is it submission to the controlling forces of evil. It is not brought about through strain, tension, struggle, or conflict.

Peace is a virtue, a substance, a positive quality of Spirit which comes as a natural result of constantly and persistently directing our energies through constructive channels. Peace is a state of consciousness which no disintegrating force from within or without can disturb.

Peace follows purity—purity of thought, of feeling, of word, and of deed. Peace is the kingdom of heaven within us even though we yet walk the ways of Earth. In fact until one has learned to hold uninterrupted harmony within himself, there is not nor can there be "heaven" for him anywhere.

Individual, national, and universal peace is based upon the capacity of each member of society to consciously and voluntarily control the quality of the energy which enters his particular atmosphere and orbit, which then radiates out and affects the world of which he is a part.

The sun was high in the heavens when a man called at the houes of Pericles to abuse him. The man's anger knew no bounds. He vented his spite in violent language until he paused from sheer exhaustion and saw that it was quite dark without. He turned to go home when Pericles calmly called a servant and said, "Bring a lamp and attend this man home." Is any argument needed to show the self-control and inner peace of Pericles?

DeLeon, a distinguished Spanish poet, after lying for years in dungeons of the Inquisition, dreary and alone, without light for translating part of the Scripture into his native tongue, was released and restored to his professorship. A great crowd thronged to hear his first lecture, out of couriosity to learn what he might say about his imprisonment. But the great man merely resumed the lecture, which had been so cruelly broken off five years earlier where he left it, with the words: "Heri discebamus" (Yesterday we were teaching). What a lesson in self-control for those who allow their tongues to chatter about whatever happens to be uppermost in their minds.

As a chain is only as strong as its weakest link, so is the peace of a family, or a nation, or a planet as enduring as the power of the least member of its society to disturb its harmony. The education of the race as to its individual responsibility to enter a course of applied self-control is the first step toward an abiding peace, the like of which is enjoyed in the "Kingdom of Heaven."

The race is passing from the irresponsible days of childhood, with its requisite restraints, into the self-government through which each individual abides within the Law of Love, and takes as his personal and constant responsibility to govern, qualify, and radiate energy into our universe that in no way disturbs the peace. When the race accepts this individual government upon his shoulders, the doing of God's Will will be a joy and not a task of superhuman difficulties.

Every human being is conscious of two natures. One is ever reaching up after the good, the true, the noble—is aspiring after all that uplifts, elevates and purifies. It is the God side of man, the Image of the Creator, the Immortal self. This still small voice which bids man follow his best self is never quite stilled. It is the primal nature of life itself that the God Intent should express Itself through every individual.

If man would look to this Life within his brother and encourage its expression in a loving and constructive manner, instead of driving it back through intolerance, bigotry and impatience, we would see true Brotherhood, which is the essence of family, national, and planetary peace.

Every individual coming into life is a possessor of energy and is individually responsible for the way he qualifies that energy with his thoughts, feelings, spoken words and actions. Each must learn to control the energy of his individual world. As we learn through suffering from our own misdeeds, we finally take positive interest in learning how to control our energies harmoniously. We learn to feel, think, speak and act kindly toward one another. Practiced long enough and continuously enough, we find ourselves no longer capable or desirous of creating or responding to stimuli that are discordant.

As James Russell Lowell has put it:

"We rise by the things that are under our feet:
By what we have mastered of good or gain;
By the pride deposed and the passion slain,
And the vanquished ills that we hourly meet."

Self-mastery is not the work of a moment; it is a life work of constant and persistent endeavor in self-correction and prayerful invocation for grace and strength from the Infinite Creator of the universe.

Turn your attention to your own God-Self, made in His Image and Likeness, and feel deeply the Presence of your Spiritual Identity, enthroned within the Secret Place of the Most High. In feeling the Presence of your higher God-Self within your heart, become still, allowing that Inner Presence to radiate through you Its Power, Its Intelligent Direction, Its Confidence, Its Commanding Mastery, Its Peace. Then affirm

"I am created in the Image and Likeness of God, a Perfected Being, mentally, emotionally, spiritually, and physically.

"I accept the Presence of God within me, drawing into my sphere of influence everything I require to express perfect Peace.

"I accept the Presence of God within me radiating Peace to life everywhere I am."

Then you will no longer say I want Peace, but I give

Peace. Then will an abiding Peace be manifest in this generation; then will we see a planet of everlasting Peace.

Relax in the knowledge that you are immersed in the Presence of God, the Creator of the Universe, and in His Name, Peace be unto you! Peace be unto your striving consciousness, your restless minds, your weary bodies—the Peace of God that does surpass the understanding of the mind.

"NEARER, MY GOD, TO THEE!"

It is the desire of every individual who has been surfeited with the transient happinesses of the outer world to come nearer in Spirit and Nature to God. Here is a simple exercise for those who so desire to experience "God communion" and the benefactions that flow into soul, mind, body and world as a result of such communion with the Father Who created and Who has sustained all mankind throughout the ages.

First: The individual must believe (have Faith) in the actual Presence of God and His Power to help, whatever the requirement may be.

Second: The individual must ask for true illumination to enter His outer mind so that he knows what best he can do, according to his developed talents and capacities, to help the Father and his fellowman. Some people refer to this illumination as the "inner light" or the "still small voice" within. Here discrimination is required so that the *motive* that prompts the action may be clearly discerned as pure, selfless, loving and honest.

Third: The individual must truly learn to love God, His Heavenly Messengers and his fellowman; for it is to bring health, opulence, peace and supply to mankind, no matter what his race, color or creed that such an individual offers himself a living sacrifice of LOVE. Let us distinguish between maudlin sentimentality and true, constant, impersonal Divine Love! It is easy, as beloved Master Jesus said, to love those who love us or those whom we love but it is not always so easy to embrace the entire race of mankind in love.

Fourth: The individual must have purity of purpose. Rather than being a "jack of all trades but master of none,"

he should—according to his own inner light—*follow through* upon some specific benefaction which his talents and capacities have fitted him to offer the Father and mankind. Selfishness of motive defeats the works because the cause is not pure and hence the effect (child of the cause) will also be impure.

Fifth: The individual must develop the power of concentration—first upon God, the Father, Source of his very life and then upon the project which he has offered to externalize in His Name. The calls of the senses, the temporary perfumes of the Elysian fields, must not deflect him from devoting his energies to that project.

Sixth: The individual must truly desire to minister unto all God's creations—his fellowman—the birds of the air—the four footed creatures learning, as the beloved Mary, Mother of Jesus, once said . . . to render the service "not because of particular affinities" to personalities.

Seventh: The individual must honestly learn the efficacy of true prayer. Prayer is the upreaching of the inner self of man toward the Father from Whence cometh life, faith, strength, confidence, love, peace, health, opulence, enlightenment and, generally, the power by which *all good* is accomplished in this world (as well as in all others). There are many types of prayer, many spiritual exercises, many ceremonies all leading the soul upward out of the fears and distresses to which mankind is presently exposed. Whatsoever type of prayer is efficacious for you, USE IT until you receive the response . . . the benediction . . . the grace . . . the sense of power to accomplish.

Dear Lord: Help me to believe in Thee and Thy power to help me to help mankind! Help me to be illumined as to my purpose in this Earth life! Help me to love Thee and my fellowman—impersonally giving of my life as the Sun gives of Its rays—to the just and the unjust alike! Help me to develop the discernment and discrimination required to see the motive that prompts my thoughts, feelings, spoken words and actions. Help me to remove all impure motives from my soul! Help me to concentrate upon the good which I can do NOW, not waiting with folded hands for the good I may do in years to come! Help me to *feel* Thy love for all Thy creations and by that love raise these creations closer to Thee. Help me to know how to pray efficaciously and well until Thy grace and benediction are felt in that "inner peace" which is confirmation of Thy blessing! I ask this seven-fold blessing so that I, like Thy blessed Son, Jesus, may be about Thy business. I thank Thee! It is done!

LIFE EVERLASTING

Every constructive religion believes in the immortality of man. Just where the soul of man is to *gain* that immortality depends upon the religion, racial characteristics, folk-lore of the people and the particular type of immortality which the individual feels is the ultimate of spiritual bliss. For instance, the American Indians considered "The Happy Hunting Ground" as *their* goal. The orthodox Christian world considers "The Heaven," with streets paved with gold, and the amusement of playing everlastingly on the "harp" and singing hosannas to God as that ultimate. The people of the Orient consider "Nirvana"—the state of bliss—as that ultimate. Christians throughout the world, in the well known Apostles' Creed, affirm daily "I believe in life everlasting, world without end, Amen".

The *thinking* man knows that the development of the spiritual nature of man cannot be completed in one Earthly life. The Saints and the youthful proteges who achieve more than ordinary success make the *thinking* man realize that *somewhere* the momentum has been gathered which makes such talents and spiritual graces a part of the human heritage.

The Earth is a schoolroom wherein man learns how to achieve personal mastery over the energy which is his own life. There are many schoolrooms on the other side of the "veil" where the soul also studies and prepares itself for greater expression of Divinity.

On the Earth, if a pupil does not learn, digest and utilize the lessons of his particular grade, he must repeat that course again until his teacher can honestly say that he is prepared for the next grade and the more advanced lessons which will widen his consciousness of knowledge and capacity to serve.

It is so with the soul. If, on the Earth, the lessons are not learned well, the soul must return to continue its "course of study" until it "graduates" into another schoolroom more suited to its developing consciousness and requirements.

"As below, so Above" has been often affirmed by the thinking man. Many individuals do not like the idea of returning to the same "classroom". They prefer to enjoy the "escape" into their particularly designed, comfortable

"Heaven". Thus the law of re-embodiment on Earth is rejected because it is not COMFORTABLE to the self, even as a child burying his head in his pillows might seek to "block out" the fact that he shall have to return to his same class while his classmates go forward into the grade above him. However, belief or disbelief in the absolute justice, mercy, scientific accuracy and spiritual measurement of a man's nature by the Heavenly Father does not change the LAW. Disbelief only leads to sorrow and disillusionment when the soul leaves the body and finds that this law of re-embodiment is a fact.

Today science and religion are coming closer together. The "subconscious mind" is being probed by pioneers in psychological research. Until science and the men of research recognize that this "sub-conscious" mind has a longer life and a more varied existence than that of one Earth life, they will not come to the full truth regarding the causes of distress of mind and body and their ultimate distressing effects in the worlds of the weary people walking life's way. Mr. Bernstein, in his study and publication of "The Life of Bridey Murphy" has set a lot of men to thinking as to *where* the experiences related by the subject of his hypnosis arose. The skeptics claim, of course, that they were "buried" in the subconscious mind of the subject during early childhood and coaxed forth by Mr. Bernstein in his series of experiments with Ruth Simmons. Others, with more open minds, cognized the fact that the subconscious mind had truly experienced these activities in other lives and that the present Ruth Simmons carried a "subconscious" self that was not builded in one Earth life alone.

To the metaphysicians and students of the deeper spiritual studies, the law of re-embodiment is accepted as fact. In this, they are fortunate because they know that the experiences of today stem forth from causes set up in some forgotten "yesterday". They call these returning experiences "karma". In the East, man is taught to accept his "karma" placidly and without endeavor to transmute it. In the West, there is some knowledge of how to avoid setting up further causes of a destructive nature, also how to meet and transmute present karma, not allowing themselves to pin on an All-Loving God the distresses in which they find themselves . . . saying piously

"God's Will be done". It is truly blasphemous to think that a Father of Love could conceive of punishing His children. He, rather, teaches them by allowing them to use His life in thought, feeling, action and spoken words and permits them to feel the reaction of the use of that life.

The beloved Master Jesus was a great Exponent of the Kingdom of Heaven as existing *here and now*. He said "The Kingdom of Heaven is at hand"! It is to bring that Kingdom of Harmony, Peace, Abundance, Illumination and Freedom from limitation to all mankind that man came to Earth. To leave the Earth no richer because one has lived upon It, is to have failed the Father and, sooner or later, the soul will return to again attempt the task of making that Kingdom of Heaven manifest on Earth, as Jesus Himself did. Where He walked, sickness disappeared, death itself was overcome, and peace did abide. He said "The things that I have done shall ye do also and even greater things than these *shall ye do . . . .*" That was a command as well as a promise.

Let us then develop the maturity of nature required to be a small part in the establishment of that Kingdom at least in our homes, our businesses, our family relationships and—most important—in our own hearts. Then when "our call" comes, we can truly return to the Father and "go out no more".

Let us not be as the man who buried his "talents" in the ground but like the one who increased those talents through wisdom, understanding and practical works in God's Holy Name. It is easy to examine ourselves—to honestly see what we have to work with—and then to set to work WHERE WE ARE . . . not leaning on the "sweet by and by" as a panacea for our present discomfort. Let us make the world a little happier; a little more peaceful; a little richer in mind and spirit, because we have walked by! Thus we gain Immortality in the hearts of men and in the heart of God, Himself.

Beloved Heavenly Father! I thank Thee for the gift of life! I thank Thee for the gift of free-will to use life according to the promptings of my heart. Guide me in the use of this life. Make me cognizant that this life is part of Thine Own Being! Let me practically and unselfishly, humbly and wisely "brighten the corner where I Am". Take from me the human concepts that Thou wouldst inflict me or any of my fellowmen with punishment. Make me know that (like the boomerang) life sent forth by me will return to me in the same quality and type of energy which I have sent forth.

Dear Father, I accept Thy Will as the fulness of every good and perfect thing—remembering Thy statement—"Eye has not seen nor ear heard the glory which God has prepared for those who love Him". Let me now, in the capacity in which I am presently endowed, be about Thy business! Strengthen me in this resolve until a little more of Thy Kingdom is established permanently upon this Earth where Thou has sent me for a purpose beyond the ken of human mind! Amen!

YOU AND YOUR HEALTH

There are two things you need to know when you have to face a case of illness: its cause and its remedy. Although the cause might appear to be physical, even the medical profession admits today that a large percentage of cases have a mental origin, and the constant increase of the number of psychoanalysts and psychiatrists in the medical field corroborates this truth.

I

The causes of disease are general and specific. Among the general causes we have to enumerate in the first place FEAR. Once fear is eliminated from the patient, the healing takes place in no time; and the antidote of fear is LOVE, both in the healer and the patient.

Other general causes of disease are wrong thinking and wrong feeling expressed as worry, frustration, anxiety, and pessimism. A possible specific cause of ill-health is mental aggression against the one who feels sick, provoked by envy, criticism or a desire for money, position or power, as well as the collective thoughts and feelings of those who surround you and the mass opinion of mankind. But this mental aggression and other external impacts cannot affect you, if you realize that they do not have any power.

To counteract wrong thinking and wrong feeling it is evident that you have to reverse this with right thinking and right feeling, trying to assimilate the different antidotes of the general and specific causes of disease. For example, worry, frustration, anxiety and pessimism disappear when by daily practice you establish the consciousness of peace, trust, hope, love, power and victory.

Mental aggression catapulted against you is instantly transmuted by Love. The knowledge that the only power that

mental aggression has, in fulfilment of the Law of the Circle, is to go back to the aggressor with greater force and afflict him or her.

The next step that the one attacked by mental aggression has to take is to love the aggressor sincerely, realizing that the only power that he or she has, as a child of God, is to bless.

The third step is to feel real love for God and mankind, and envelop yourself in an aura of love. The Law is that not even an atomic bomb can pierce through that aura.

II

To remove the general causes of disease is really sufficient to heal any case. However, to the human mind which has not fully grasped this general procedure, it is helpful to know some of the causes and remedies of a few of the most prevalent diseases. As an example, let us consider—very briefly and without any elaboration—a few of them, as follows:

ARTHRITIS: *Cause:* a feeling of discontent with surroundings, criticism, worry. *Remedy:* Establish a sense of peace, love and trust.

BLADDER: *Cause:* a feeling of lack of strength, a sensation of being burdened with cares, also fear of old age. *Remedy:* Establish a sense of strength, order in your affairs and youthful activity.

BLOOD: *Cause:* all deficiency, or irregularity in circulation, is due to impatience, anxiety, wilfulness, which produces a sense of depleted vitality. *Remedy:* Cultivate joy in every activity, every moment of the day.

BRONCHITIS: *Cause:* impurity in yourself or perception of impurity in others. *Remedy:* Keep yourself pure and refuse to see impurity in any one. Feel that the life surging through your body is cleansing you constantly.

CANCER: *Cause:* the holding of an imperfect fixed idea of feeling. *Remedy:* flexibility of thought and feeling, love and tolerance.

CONSTIPATION: *Cause:* a grasping feeling of some kind, also mental tension through fear. *Remedy:* Cultivate the giving spirit and freedom of thought, feeling and action.

DEAFNESS: *Cause:* Obstinacy. *Remedy:* humility and tolerance.

FEVER: *Cause:* fear, anger and disappointment which produce a lowering of vitality. *Remedy:* Love, trust and the sense of bodily strength.

HEART: *Cause:* fear, criticism and harsh judgment. *Remedy:* Love God and man.

KIDNEYS: *Cause:* exhaustion through strife or worry of some sort, generally provoked by others. *Remedy:* cultivate a sense of strength, vitality, peace of mind and a forgiving spirit.

LIVER: *Cause:* the feeling of being misjudged, and the inability to do what you want. *Remedy:* Love, forgiveness and the realization that all the organs of your body are now functioning perfectly.

LUNGS: *Cause:* a lack of adequate perception of the ideas of Life, and the inability to pass them to others. *Remedy:* develop a greater perception of spiritual ideas of Life and pass them on.

NERVES: *Cause:* lack of mental balance through magnifying evil. *Remedy:* Perception of truth, justice and poise.

NEURITIS: *Cause:* bitterness, discord, strife. *Remedy:* establish the sense of love and peace.

OBESITY: *Cause:* accumulation of thoughts, theories and material concepts. *Remedy:* practice the law of giving and receiving.

PARALYSIS: *Cause:* waste of vitality, lack of mastery. *Remedy:* feel the quickening power of life flowing through you and use it.

RHEUMATISM: *Cause:* criticism, worry, anxiety, nervousness. *Remedy:* cultivate love, peace, tolerance.

III

Such are a few of the principal ailments, and how to handle them. A good general protective statement against ill-health is to say and feel daily: "I AM the resurrection and the life of the full God-perfection of every cell and atom in every organ and every other part of my body, now made manifest".

We would not be surprised if within a few months we would receive a letter from a reader saying: "I have tried to apply your healing suggestions, but they have not worked". To save such gentle reader the trouble of writing, we will answer him or her in advance, and our answer is: "The failure is not of the system, but of the one who uses it. If love, understanding, acceptance and constancy are at the helm the system cannot fail!"

Of course the above is not the only technique of healing. In America there are more than two hundred Healing Schools, using different systems. Some heal by mental suggestion; others by the realization of God; others by the use of affirmations and negations; others by the realization of the perfect man, as the Son of God.

The latest gift to the world of a healing system is one presented by the Ascended Masters of Wisdom, which consists of the daily practice of forgiveness and purification, through the invocation and use of the Flames of Mercy and Purity wielded by the Ascended Masters and the students themselves who qualify for this service of awakening the consciousness of mankind to perceive now the omniscient, omnipotent and omnipresent Kingdom of God on Earth.

A "MONEY-MAGNET"

Would you like to be one? You can—by making of your world a veritable "fountain-head" of blessing to all the life you contact. Money is a part of that life for God's life-essence (etheric light) is the substance from which everything is made which appears in the physical appearance world, or any other! Do we not hear so very often—especially in various religious channels—that "God is ALL there is"- Then the "soft, pliable, etheric substance from which everything in the Universe is made" is really the "body of God" and from that substance comes everything in and by which we live, move and have our being.

Now, what is the most important thing in the world—*the greatest thing?* Money? NO! Money has its place, of course, and in our Western civilization of today, it has a very important place—BUT IT IS NOT ALL THERE IS!

The substance and form of money is merely a means of exchange—the servant of man—and should be considered and treated as such. Money is to the affairs of a man what blood is to his body—a way and means of bringing to his world that which he requires for comfort, peace and happiness that he may give those blessings to others; or it can be used as a means of carrying away from his world that which he no longer needs which has served its purpose. Now God—in His infinite goodness, love, generosity and mercy (through the processes of Nature) keeps the body supplied with a constantly circulating blood-stream twenty-four hours of the day, until the individual inhabiting that body no longer needs that "stream of life".

Let us reason together for a moment! Do we get up in the morning fearful that we will not have enough blood for that day? Do we not rather take it for granted that—if we have life within us, we will sort of automatically have enough blood to sustain that life? Then WHY—when *money is the very same substance* (just with a different qualification and service to perform) does mankind arise from his bed so many mornings with a perfect terror in his feelings that he will not have enough money to supply his needs for that day and the future? Well, for one thing, it is a "race habit" of feeling and an acceptance that what we cannot cognize with the five senses is not real or available for use. Yet, if we think for a moment, we know this is not true. Have you ever SEEN your own life—or that of anyone else? You have seen the ACTIVITIES of life but have you ever actually seen the flowing stream of energy pouring in and through the body of yourself or anyone else? Yet you know you are using that life every second of every day.

Well, WHAT IS THE GREATEST THING IN THE WORLD? It is something that money cannot buy—dear friends —IT IS DIVINE LOVE and Divine Love is God-in-action. When you are sincerely loving, you are being God-like and when you are loving, you are blessing. *Divine Love is the greatest magnet in the world*—it is the power which holds the entire Universe together and its automatic radiation is a blessing of good to all *who will accept it.*

Everyone and everything will eventually seek out the individual who has what they want to receive and, universally,

that is the feelings of comfort, peace and security. Who does not like to feel comfortable, peaceful and protected? Well—all life is ONE and all life FEELS according to its consciousness. The scientists in this physical world have recently discovered that there is no such thing as wholly inert matter—that everything is constantly in motion, at some rate of vibration. Do you not see that, in order to be obedient to the consciousness which set it into a certain rate of vibration and to sustain that rate obediently until it is changed—*that energy must be intelligent?*

Then, since the substance of money is made of this "obedient" energy, it is intelligent and responds to the magic of blessing. You know how animals respond to blessing and so do so-called "inanimate" things. It has been proven over and over again that even machinery will work more effectively for one who "loves" it—who is interested in it; is grateful for its performance and cares for it. Many times, that same machinery will not respond nearly so efficiently for one who is impatient with it or condemnatory of it.

So—if you REALLY WANT to become a "money-magnet", try to feel about the money that passes through your hands as though it were a good and kindly friend. As a matter of fact, *money needs friends,* for there has been so much of the unhappy and uncomfortable feelings of greed, fear, jealousy and all sorts of impurity imposed upon it and—believe it when you get ready—the substance of money ENJOYS a sincere blessing of Divine Love which helps to purify it and lift the heavy burden of unhappiness which has been imposed upon it for so long. This may sound a bit foolish to you but don't believe us—*prove us!* The results you will achieve from a momentum builded of a *daily rhythm* of blessing money will be all the proof you will need of its efficacy. *Money will seek you out if you will love it enough to give it a sincere blessing everytime it comes into your world.* Besides, your blessing to it will expand and expand to all the life contacting that money subsequently, for it is the nature of Divine Love and blessing to expand and multiply Itself.

Now, of course, we do not mean that one should love the *accumulation* of money for selfish purposes. We are speaking of the opportunity one has to free a part of life which he contacts every day—which life receives little Divine

blessing. Just the words "God bless you" spoken in earnest sincerity to any person, place, condition or thing, enriches both the blesser and blessee. No living being can tell just where the expansion of that blessing will end for it goes on and on until it actually touches the periphery of the Universe and then brings back the energy originally sent out, *always with more of its kind!*

Try this! Be constant and consistent about it! It is not enough to do it now and then—it must be a daily ritual. Take your purse or wallet in your hands at least once every day at a definite time set aside for this practice. Try to hold within yourself a feeling of gratitude for the money you now have and for all it enables you to do and to have today. Then, with that feeling toward the contents of your purse—expand that money by blessing—somewhat as follows:

Money Blessing

"My own Beloved Heavenly Father—God—Whose life is beating my own physical heart this instant! Forgive me for anything and everything I have ever done to cause distress to life through money and its use—to anyone, anything, anywhere, at any time. I am most grateful for its service to me now and I ask You to purify this money through my blessing and expand it without limit daily, in my hands and use. As it goes forth from my world, let it carry to all the life it contacts all the comfort, peace and security You want them to experience. Let it lift from each and every one the fear of lack and expand within them the feeling of gratitude for Your Infinite goodness and Your desire for all to be supplied without limit with the fullness of every good thing. Let this be done in Jesus' blessed Name and to His Glory—now and forever. I joyously rest in the confidence that this prayer is answered now—even as I speak and I thank You!"

"You can't plow a field by just turning it over in your mind!

* * *

One way to have nothing to give, is to give nothing—Sterling.

* * *

If you wish to please people, you must begin by understanding them.—Charles Reade